## Personal Support Worker

Learn how to provide safe, compassionate care to people who are ill, elderly or need help with daily tasks. Qualify for personal support worker positions in nursing homes, hospitals, and homecare companies.

Personal support workers (PSWs) help with tasks that people can no longer do on their own because of age, illness, injury, or disability. They often work with seniors in long-term care facilities, hospitals, or provide support to clients in their own homes.

Herzing's Personal Support Worker program is quick and comprehensive, with a strong focus on clinical skills and hands-on training.

Program Length: 8 months (20 hours/week) Includes 11 week internship Program Delivery: On Campus

#### **CAREER OUTLOOK**

PSWs play a crucial role in Ontario's healthcare system. There is very strong demand for compassionate, skilled personal support workers throughout the province.



Percentage of Overall 2022 Available Graduates Employed in a Related Field

#### **PROSPECTIVE JOB TITLES**

Personal Support Worker, Home Support Worker Personal Aide, Respite Worker, Long Term Care Aide Resident Care Aide, Healthcare Aide

#### **CAREER OPPORTUNITIES**

Home care companies, Long-term care facilities and retirement homes Hospitals, Group homes, Hospices

Employment result listed is for all programs combined, and are from the most current annual report. Information in this document is subject to change. Updated March 2, 2023

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### **<sup>r</sup> ADMISSION REQUIREMENTS**

- Minimum of a Canadian high school grade 12 or equivalent (Ontario high school diploma or equivalent) or a mature student (19 years of age or older and has been removed from full-time high school for minimum 2 years). Students applying as mature students must demonstrate appropriate levels of math, English literacy, comprehension and/or written skills to warrant success and completion of program
- Pass an entrance test administered by Herzing College
- Be interviewed in detail regarding interest in the field.
- Note: admission to some programs may include additional requirements.

#### **COURSE LIST**

Herzing's Personal Support Worker program teaches the complete set of skills you need to get hired and advance your PSW career.

- PSW Foundations
- Safety and Mobility
- Body Systems
- Assisting a Person with Personal Hygiene
- Abuse
- Household Management, Nutrition and Hydration
- Assisting the Family, Growth and Development
- Assisting the Dying Person
- Human Anatomy and Physiology
- Cognitive/Mental Health Issues and Brain Injuries
- Health Conditions
- Career Developement
- First Aid and CPR

- Care Planning/Restorative Care/Documentation/Working in the Community
- Clinical Placement (Community)
- Clinical Placement (Facility)



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